



Following the bon tradition, His Holiness Menri Trizin 33rd is determined that nuns will enjoy the same educational opportunities as monks and that they will be able to direct the affairs of their own communities. Across the valley from Menri Monastery he has established the first and only Bonpo nunnery in India. Redna Menling (meaning Land for Precious Medicine) houses a rapidly growing number of women – young and old – from Tibet, Nepal, and other borderlands. These women are committing themselves to a monastic life in the Bon religion. Most have suffered extreme hardships leading up to their arrival at Menri. At Redna Menling they are surrounded by a pristine natural setting that enhances worship, study, and prayer. Monastic rules apply equally to men and women. **Your help is urgently needed so that these nuns may flourish in what promises to be a very important center for Bonpo women and the future of Bon culture and religion.**

Support / Donation Form for a Bon Nun

\$400 per year provides for the daily needs and education of a Bon Nun for one year. However, contributions of any size are welcome. All sponsorship and donation money will be used for the welfare of all nuns at Redna Menling.

Name of Donor: _____

Address: _____

Phone: _____ Email _____ Please send me *Friends of Bon* email updates _____

___ I will sponsor a Bon Nun for \$400.

I will pay: ___ in full (\$400); ___ semi-annually (\$200); ___ quarterly (\$100)

___ Instead of sponsoring a Bon Nun, I am making a General Donation of \$_____ to all the nuns.

Amount of check enclosed with this form \$_____

Please send this form and with your tax-deductible contribution in US dollars to: The Bon Foundation, PO Box 564, Philo, CA 95466, USA. You will be sent a receipt as verification of your donation.

Matching Gift Programs: Many companies have Matching Gift programs. If your employer is one of these, please return their Matching Gift form with your donation. If donating on-line, please mail the Matching Gift form directly to The Bon Foundation.

___ **I will mail my Matching Gift form with donation.**